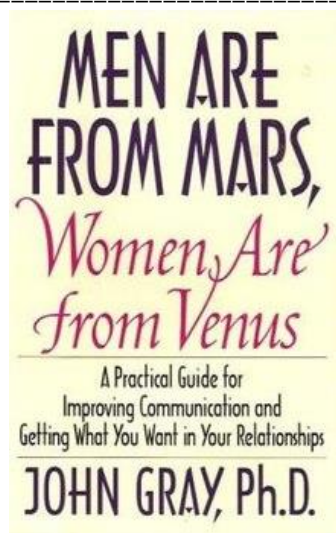


**John Gray's *Men are from Mars, Women are from Venus* -
A Study on Familial and Philosophical Bounding**

J. M. Aujo Philip and Dr. C. Govindaraj



Courtesy: https://en.wikipedia.org/wiki/Men_Are_from_Mars,_Women_Are_from_Venus

Abstract

This study out views the human acceptance of men and women are from different planets, this scenario states that the men fulfill the active roles and visualise themselves as ambitious and powerful where as women satisfy the passive roles. This study brings out the real value of men and women in the society. John Grey out swings the passive role of women as a back boon of men achievements and the familial bounding between them. It results, the human values to achieve greater heights.

This writing also provokes how men and women each monitor their positives and negatives and work on their familial bondage. If the balance swings at one saturated point one feels that they have given more than they have received and this point a bit hatred can develop. For this instance, communication can help to bring the relationship back into balance. This study is written on the purpose of balancing the traits of our counterparts.

Keywords: John Gray, *Men are from Mars, Women are from Venus*, Familial, Dispassionate, Unsolicited, Intimacy, Inevitable, Emotional Cycles, Competitive Behavior, Coldly Dispassionate.

Introduction

John Gray, an American author and relationship counsellor, states that the most common problems related to relationship between men and women are a result of fundamental psychological differences between the genders. The title of the novel itself clearly depicts the notions that men and women are different beings from other planets and the essentiality of learning the code conduct of the opposite sex. For knowing each other psychologically, one has to travel into others planet and find out the world of new. This would certainly help men and women to understand each other better by accepting and being considerate towards the difference in both personal and private living. His main aim is to create a world where men and women understand, respect, appreciate and ultimately sustained in their relationships.

Men Are from Mars, Women Are from Venus

In the year 1992, John Grey published the book *Men Are from Mars, Women Are from Venus*, which is considered as a long term best seller on his shelf and its impact formed the central theme of all his subsequent books and career activities. His books have been bought by millions of peoples around the world to take up the familial values especially a traditional and a conservative kind which are learned or reinforced with a family, such as those are high moral standards and discipline.

John Grey centres the clear mode on basic communication skills commonly men and women are deluded. It's proposed for people to comprehend men and women sense differently while it doesn't even touch on the why of it.

It is very important to remember the reciprocation of men and women belonged to different natures. One must possess the importance of respect and the art of listening in the familial approaches. The book does make significance generally on the issues of private homes. it takes both men and women to a frustrating extent. Men and women need to appreciate these differences and to stop expecting each other.

Men's Focus

Men love the situation where their skills been recognised and appreciated, and hate to have them disdain or mistreated, in part of women they love to have their feelings recognised and appreciated, and they hate to be scorned or ignored. Men never charge feelings highly as in their observation they can result in holy emotional, wildly unstable behaviour in case of women they never rate abilities highly as in their outlook they can upshot in coldly dispassionate, aggressively competitive behaviour.

Men like to work on their individual strains and implement their abilities by solving problems quickly and independently, women like to co-operate, and exercise their feelings through interactive communication with one another. Men are roving they value solutions, and

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they are capable of solving problems without others interference. Women value assistance, and view unquestioned solutions as undermining their effort to proceed interactively. Men desire that their solutions will be appreciated, women desire that their assistance will be appreciated.

Men primarily need trust, acceptance, appreciation, admiration, approval, and encouragement. Women primarily need caring, understanding, respect, devotion, validation, and reassurance. (*John Grey, 92*)

Bonding Relationship

John Gray explicates that the bonding relationship was an innate part of life. Everyone has to sustain in their relationship by understanding their counterpart logically. The world of men is different from that of women, so they can help us to deal with the opposite sex in a loving and accepting way, leading to better relationships.

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Women's Focus

Women, on the other hand, always values love and tend to offer unsolicited advice to those they love. Women always try to help the surroundings they love by advising and giving suggestions to improvise them but men in many times misconstrue the guidance they receive by a woman as they thought of the woman is trying to control and change them. Women like to share their feelings to their lovable when they are upset. Men tend to give solutions when someone who is upset. Conversely, women are never looking for a solution, rather she is looking for someone to listen to her and validate her feelings. Men often times tend to nullify a woman's feelings when he offers a solution without listening to the woman's feelings.

Men are motivated when they feel needed while women are motivated when they feel cherished. (*John Grey, 12*)

Men and Women

Dr. Gray confers the motivated feel of men when they feel they are needed, while women feel motivated when they feel cherished. Men tend to grow close to those they love before eventually having the inevitable need to pull away. John Grey calls it as the rubber band theory where a man will come and coil back to his woman after he has some time alone. However, if the woman clings to her man, he may never be able to fully stretch away from her and so he won't be able to spring back to her when he is ready.

Always man tends to work individually and project their abilities by solving problems single handed, they feel literally amused and show off their skills to their counterparts their happiness sprawl on that, whereas women like to co-operate, and work out their feelings through interactive communication with one another without any resistance.

Men and women cope with stress differently they tend to act opposite each other. Men tend to pull away and want isolation as they think about the bothering. Women lean to discuss their problems. A woman may start asking questions and delving into her man's problem when she feels as though he's not himself. The man in some situation prefers to be alone and handled

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the problems by himself without the interference of women but women love to interfere men problem and take it as their own. The intentions of women are always to help and subordinate men. Men by nature have the attendance to avoid the company of solving problems.

Venusians have different values. They value love, communication, beauty, and relationships. They spend a lot of time supporting, helping, and nurturing one another. Their sense of self is defined through their feelings and the quality of their relationships. They experience fulfilment through sharing and relating. (Grey, 12)

Dr. Gray also talks about what is essential in a familial relationship. Men tend to need a love that trusts, accepting, and appreciative, while women need a love that is caring, understanding, and respectful. In the present situation it is so adequate to understand each other expectations men and women are supposed to give their partner the type of love they need themselves, rather the type of love their partner truly care for. The author also discusses men and women keep score differently in the relationship.

Dr. Gray points out the dictionary phases, how men and women use differently. When a man says "OK" or "its fine," it means something significantly different that when a woman uses the same words. Grey to his context explores why women sometimes refuse to ask for support when they actually need it and why they expect their men to know it without being asked. Dr. Gray also recommends the reader on avoiding arguments along with solutions on what to do when you are inevitably hurt.

Conclusion

The book, *Men are from Mars, Women are from Venus: The Classic Guide to Understanding the Opposite Sex* was a psychological beneficial read. It will guide you when you never get the chance of eye to eye conversation with your spouse on a certain topic. The book has certainly helped understanding that both the sexes are inevitably different.

John Grey's title *Men Are Mars, Women Are Venus* introduced with a beautiful eponymous metaphor it clearly states men and women have their own individuality they have their own space to expose. The biggest problem with the book is that it is extremely sexist. The book continually explains that this is just how men are, and then goes on to explain how women can learn to deal with that. Dr. John has given some reference to bias the barrier but, in some examples, its clearly shows the male dominating society and his stereotype writings.

Gray also thinks that only women are needy, and that only men need to be alone. Apparently, this book concludes with the notions on what women in need of men, it tells that women aim ultimately want to be with their men, and nothing more. Of course, that will not be so true for most independent, empowered, capable, and informed women in the society. This novel is written in order to bring out the bounding temperament between the family members. Grey uses examples again mislead consequences with factual examples. The present scenarios examples particularise men are a head above women.

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This study focuses on distinguishing the importance and the message conveyed in the novel *Men Are from Mars, Women Are from Venus* by John Grey it is written not to ensure who is superior but to bring out the essence of life and what made the relationship worthier.

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