# **Flair Poetry**

# K. Mouna Priya

# I M.A. English Literature

mounapriya301@gmail.com

Avinashilingam Institute For Home Science And Higher Education For Women

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## Abstract

Poetry is a game of imagination in which human language is used to put emotions as words. Poems often rely for their effect on imagery and the musical qualities of the language used. The theme is of universal in nature, in which Christian. D. Larson's **I PROMISE MYSELF**, is of happiness, optimism and strength. Ruby Kaur's **MILK AND HONEY** theme is based on the survival, in spite of violence love and loss, through a diverse range of contemporary experiences and medium. The main purpose of this study is that to explain everything we need is within ourselves. Poetry teaches how to live; its strength lies in its ability to shed a light on the world.

**Keywords:** Happiness, Optimism and Strength.

Poetry is a literary work in which the expression of feelings and ideas are given intensity by the use of distinctive style and rhythm. Poetry as an art form existed earlier than the written text. The earliest poetry is considered to have been recited in order to remember the oral history, genealogy and law. Poetry is one of the earliest records of most literate cultures with poetic fragments found on early monoliths, rune stones and stelae. The word 'poetry' is derived from Greek term Poiesis which means "making".

Some of the prominent kinds of poetry include narrative poetry, lyrical poetry, epic poetry, satirical poetry and elegy. Narrative poetry is a genre of poetry that notifies a story. Broadly it includes epic poetry, but the term narrative poetry is often used for smaller works, generally more pleasing to human interest. Narrative poetry can be considered as the oldest type of poetry. Lyric poetry is a type that is of a more personal in nature. Poems in this genre are seen to be shorter melodic, and contemplative. Rather than showcasing characters and actions it depicts the poet's own feelings, state of mind and his opinions. Epic poetry is a kind of poetry and major form of narrative literature. This genre is often defined as lengthy poems concerning events of heroic or important nature to the culture of time. Examples of epic poems include homer's Iliad and Odyssey, Virgil's Aeneid. Satirical poetry can be a powerful means for satire. They had a well-built tradition of satirical poetry, often written for political purposes. An important example is the roman poet Juvenal's satires.

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An elegy is a mournful, melancholic or poem, e specially a lamentation for dead or funeral song. The term "elegy" was originally used to represent a type of poetic meter.

American poetry began to make its mark on literature during 17<sup>th</sup> century, it was the beginning of a long line of world famous poets. Christian. D. Larson was an American New Though leader and teacher as well as a prolific author of metaphysical and new thought books. Many of Larson's poetry remain print today. His writings influenced notable New Thought authors and leaders. His poetry includes "I PROMISE MYSELF" was an inspirational poetry. The themes are of happiness, optimism and strength.

"To be strong that nothing can disturb my peace of mind".

"To talk health, happiness and prosperity to every person I meet".

These lines states that how one should be strong enough to face the hurdles which need not to disturb their peace. Smile is the only key to hide every pain in everyone's life. Promise to Smile daily and approach the person with much of happiness.

"To make all my friends feel that there is something worthwhile in them".

"To look at the sunny side of everything and make my optimism come true".

Good friends are vitally Important to everyone. Be good and do good, feel needed and add purpose to life. Forget the mistakes of the past and press to the greater achievements of the future. Promise to make use of the opportunities and bring changes to the life.

"To think only of the best, to work only for the best, And to expect only the best".

Pure thoughts lead to pure action. Action speaks more than words, step into action. And then prepare well to be surprised. promise to be positive, cautious and careful in each things.

"To be just as enthusiastic about the success of Others as I am about my own".

To forget the mistakes of the past and press on to the Greater achievements of the future".

It is good to be associated with successful people. learn from others success and use that as an inspiration. Forget the past and move forward to welcome joy in own life. To promise that your time will come, no need for jealousy.

"To live in the faith that the whole world is on my side So long as I am true to the best that is in me".

Faith is the integrity of inner voices. self- trust to survive situations. make oneself free and showered with many gifts and allow to experience the unmeasurable happiness in life.

**Rupi Kaur** is an Indian born Canadian poet and author. She is a New York Times best-selling author and illustrator, with her works at the fore font of insta poetry, a new genre of social-media centred, short and easily accessible poetry that's particularly popular among young people. she has won good reads choice awards best poetry.

MILK AND HONEY is a collection of poetry about survival. About the experience of violence, abuse, loss and femininity. It is split into four chapters; each chapter serves a different purpose. Deals with different pain. *Milk and honey* takes readers through a journey of the most bitter moments in life and finds sweetness in them because there is sweetness everywhere we look.

What is stronger than the human heart which shatters over and over and still lives. The way they leave tells you everything
She was music but he had his ears cut off
I thank the universe
for taking away
everything it has taken
and giving to me
everything it is giving
It is when i stopped searching for home within others
and lifted the foundations of home within myself
i found there were no roots more intimate
than those between a mind and body
that have decided to be whole.

Milk and honey is divided into four separate chapters: the hurting, the loving, the breaking, and the healing. Each chapter is a compilation of poems and each focuses on a different aspect of the speaker's journey with love, abuse, femininity, and self-discovery. The hurting largely confronts the speaker's history with trauma and abuse.

The next section, *the loving*, explores the speakers seemingly new and fulfilling relationship. A recurring theme in this chapter is self-love. Several of the poems explore the

theme of her relationship complementing the love she has found for herself. She writes, "I do not want to have you to fill the empty parts of me I want to be full on my own."

The tone shifts in *the breaking* as the speaker explores the darkness and complexities of a deteriorating relationship. She dives into the differences between needing and wanting someone, as well as truly loving someone versus being accustomed to them.

This study concludes by analyzing these two poems is that trust yourself. Make the most of yourself by fanning the tiny, inner sparks of possibility into the flame of achievement. everything we need is within ourselves, need to utilize and act upon it.

## Reference

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